

**By promoting health and well-being
we aim to strengthen, safeguard and protect vulnerable people.**

A very warm welcome to the fourth edition of Glasgow's Adult Support and Protection Newsletter.

It is really heartening to see the interest generated by our newsletters and I'm delighted to say we have yet another action packed edition for you.

In our Spring edition we told you about our planned development session. This turned out to be very rewarding for the organisers. As always our service users helped greatly in keeping us grounded and focused on the right things, some of which will be covered in this edition.

We agreed to look at a vision statement for our Adult Protection Committee (APC) but I was determined that this should not be something academic and inaccessible. We worked with our service user group to ensure it was meaningful and written in plain language, so that everyone can understand what it is we do.

We have agreed to develop an action plan and will make sure that we are learning lessons from Significant Case Reviews, Service User Surveys and other research findings. We are keen to hear what your key priorities might be for your Adult Protection Committee and anything else you want to see in the Newsletter. Please do get in touch with us by emailing Linda.Gunn@glasgow.gov.uk. Please feel free to suggest anything else you might want me to cover.

Kind regards
Colin Anderson, Chair of Glasgow City Adult Protection Committee



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Chair of Glasgow City Adult Protection Committee

Included in this issue :

APC Vision

Future Pathways

Human Trafficking

Prevent

Choose Life

Disability Hate Crime

Adult Support and Protection Service User Sub Committee

The Adult Support and Protection Service User Sub Committee is a sub group of the Glasgow City Adult Protection Committee (APC) and has representatives mainly from Voices for Change, People First and Glasgow Disability Alliance. The representatives who attend the full Adult Protection Committee meeting recently took part in the Adult Protection Committee Development Session and found it was a great opportunity to get to know the other members better.

The sub committee would like to highlight that although it is well represented in terms of learning disability and physical disability, it would like to have better representation from mental health, older people and dementia. Please contact Anne-Marie Gorman on Annemarie.Gorman@glasgow.gov.uk or 07880 176547 if you or someone you know is interested in getting involved in the sub committee.

Adult Protection Committee Development Session and Vision

The members of the Adult Protection Committee took some time out on the afternoon of Monday 10th April 2017. The purpose was to reflect on the committee's focus and purpose and to refresh the vision for the work of the committee to enable it to meet its increasing and challenging agenda.

We met in the Teachers Building in Glasgow and spent a productive afternoon. We shared our experiences of the Committee – there was a mix of people who had been members for a while and new starts, so there was an opportunity to learn from each other. We also talked about what we appreciated about the Committee, members and colleagues and described what we were doing to contribute to the development of the Committee.

We also asked ourselves :

“What else can we do to make a difference to the experiences of vulnerable adults in the city of Glasgow?”

“What would we really like to do and how can we as the APC make that happen?”

This also gave us ideas about what else we needed to do and we identified a number of themes that would inform how we move forward. These were;

- Value current structure and check that membership reflects the work we need to do
- Build on lessons learned about the running of our meetings
- Enhance our communication and information sharing
- Confirm goals and objectives to support the strategic direction
- Work with Advisers and Critical friends

As a result of the discussions and on further reflection a refreshed vision was agreed as below.

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Human Trafficking - What is it?

Human Trafficking is the serious crime of acquiring people by deceit, force or fraud and using physical or psychological coercion to abuse positions of vulnerability and exploit them for personal profit or gain. During 2016, 150 adults and children were formally identified as potential victims of trafficking within Scotland.

Human Trafficking is not about immigration or the crossing of international borders. UK and Scottish nationals are known to have been trafficked for commercial sexual exploitation and labour exploitation within Scotland and the UK. Human trafficking happens in our society, on our doorsteps, under our eyes. It's up to us to be the eyes and ears of our communities and workplaces, to spot and report it.

In 2015 the Scottish Parliament introduced the Human Trafficking and Exploitation (Scot) Act 2015. The Scottish Government's Strategy to Eliminate Human Trafficking and Exploitation can be found here: www.gov.scot/Resource/0051/00518587.pdf

Human Trafficking manifests itself in Scotland in 4 key types of exploitation:

- Commercial sexual exploitation (e.g. prostitution, pornography, lap dancing etc)
- Labour Exploitation (e.g. agricultural work, car washes, hospitality, agency work)
- Domestic Servitude (e.g. housework, childcare, cooking within private homes)
- Criminal Exploitation (e.g. cannabis cultivation, forced begging, 'sham marriages')

Adults and children can be abused in one or all of the above exploitation types and indicators that someone may be held in a position of exploitation can include:

- No formal documentation
- Always accompanied by a 'friend'
- Distrust and fear of frontline services or those in 'authority'
- Poor wages and large deductions for rent
- No access to healthcare
- Physical injuries or signs of psychological trauma

Community Safety Glasgow have been funded by the Scottish Government since 2004 to provide the TARA Service for women (over 18 yrs) who have been recovered in Scotland as being trafficked for commercial sexual exploitation. TARA can provide access to safe accommodation for a period of 45 days and will continue to assess and support women for up to 18 months. More information on eligibility can be found here: www.communitysafetyglasgow.org or call the team on 0141 276 7724 (24/7).

Migrant Help provide a similar service for adults who have been exploited for labour, domestic servitude and criminal exploitation and can be contacted on: 0141 884 7900

Police Scotland have a dedicated National Human Trafficking Unit and can be contacted on 01236 818 475

Further information on Modern Slavery can be accessed 24/7 via www.modernslaveryhelpline.co.uk or on 0800 0121 700

Choose Life - Suicide Prevention in Glasgow City

Last year 91 people in Glasgow took their own lives, leaving a tragic, lasting impact on families, friends and communities. Within Glasgow City the multi-agency Choose Life partnership is trying to change this and calls on everyone to be alert to the warning signs of suicide in people close to them. The message is that if you're worried about someone, such as a friend, family member or workmate, asking them directly about their feelings can help to save their life.

Pauline Toner, Choose Life Co-ordinator in Glasgow City said: "You tend to know when someone close to you isn't quite themselves. So if you notice any changes in their behaviour that worry you – even if the signs come and go – ask them about it. You'll find that talking can help a person get clarity about what it is that's troubling them, and often gives a sense of perspective. Starting a conversation is half the battle. You don't need to have an answer to their problems – just be there for them, try to listen carefully without judging, and show that you care by offering support.

Pauline added: "If it feels right, ask if they are thinking about suicide. It won't put the thought in their head if it wasn't there before, but it can be a big relief for them to be able to say, 'yes, I am' and acknowledge they need help."

Raising awareness of suicide prevention and giving the public information is a vital part of the Choose Life work. A host of activities take place in Glasgow during Suicide Prevention Week from 4-10 September 2017. On Friday 8th September activities include information stalls in Buchanan Galleries, Morrisons, Easterhouse and city centre train stations and articles in the local press. In addition, a Candlelight Celebration of Life event is held every year to support those affected by suicide. This year it will be held on Friday 8th September in the Tranquillity Garden, Campbell House, in Gartnavel Hospital between 12noon and 2pm.

The multi-agency suicide prevention work includes a major focus on delivering suicide prevention training to key groups every month, including staff working in mental health, addictions, emergency medicine and other clinical services, and staff in children's homes, schools, housing associations and homelessness organisations, voluntary sector projects and the private sector.

Pauline continued; "In the past few years the numbers of deaths by suicide in Glasgow had been falling steadily and had reached their lowest level since current records began in the 1970's. However this year we have seen the first increase since 2012. We cannot be complacent and need to continue our efforts on a multi-agency basis to improve this."

Developments include the establishment of a third sector suicide prevention group feeding into the city wide strategic group, local suicide prevention forums in the North East and North West of the city and the creation of a multi-agency Locations of Concern Group. The Choose Life suicide prevention partnership in Glasgow makes a key contribution to adult protection by continuing to develop multi agency working led by the Glasgow City Health and Social Care Partnership and involving wider council, police, fire and rescue and the third sector services amongst others.

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People in Glasgow can get information and advice on sources of support at any time by visiting the local web page <https://www.yoursupportglasgow.org/chooselife.aspx>

If you or anyone close to you is struggling with issues of suicide, please seek help, either from your general practitioner or through sources of help such as the Samaritans (call free on 116 123 or by email at jo@samaritans.org) or Breathing Space (call free on 0800 83 85 87).

Future Pathways - Support for Adults who were Abused in Care

Future Pathways has been set up to support adults who experienced abuse or neglect while they were living in care as a child in Scotland. Opened in September 2016, they help individuals access person-centred support that will help them lead full, healthy and independent lives.

To be eligible for support from Future Pathways, an individual must have experienced abuse or neglect in a care setting. 'In care' means:

- Residential care
- Boarding school (state, private, independent)
- Foster care
- Young Offender's Institution
- Having a long-term stay in hospital

To register, an individual must be aged over 18 now, and any abuse or neglect they experienced must have taken place before they were aged 18.

Support available

Future Pathways work with each individual to help them to identify what is important to them in their life, then arrange and pay for support to enable them to achieve their outcomes. They work flexibly, and tailor support to suit each person's needs and circumstances.

How to register or refer someone

Future Pathways welcome self or third party referrals – details of how to contact them are available on the website: www.future-pathways.co.uk. They treat individuals' information in the strictest confidence and only require a name and contact information to get in touch. They are also keen to link in with organisations or individual practitioners who are interested in working in partnership with them to provide support.

Future Pathways Communications and Engagement team:

Phone: 0141 465 9229

Email: engagement@future-pathways.co.uk

Website: www.future-pathways.co.uk



Prevent - Supporting People at Risk of Radicalisation

A key part of the UK counter terrorism strategy, Prevent is a component of our overall approach to safeguarding. Prevent is designed to support people at risk of joining extremist groups and carrying out terrorist activities. In the context of Adult Support and Protection, Prevent recognises that vulnerable adults may be at risk of harm or exploitation from those who might try to persuade them to become involved in violent extremism or terrorism. The nature of the potential harm could impact not just the individual but also the wider community.

Not all terrorists would be viewed as at risk in terms of the Adult Support and Protection Act 2007. Not all those who are viewed as at risk are likely to be drawn into violent extremism. However in almost all Prevent referrals, a concern relating to violent extremism is only one part of the needs of the individual. There are often separate underlying aspects that create the window of vulnerability that the radicaliser seeks to exploit. These could be being affected by a mental illness or infirmity or it could be other challenges the individual is facing, such as bereavement or family break up, a loss of identity or social isolation or in some cases substance abuse.

The Prevent strategy is not about criminalising people but about preventing tragedies through early intervention, diverting people away from the risk they face before illegality occurs. The radicalisation process can happen face-to-face or, increasingly, online. Tackling this extremism is impossible if we alienate communities and sections of society who feel they are all being targeted as a potential violent extremist. A number of Prevent referrals have come from concerns of families about other family members.

Prevent concerns might progress through an initial multi agency discussion to a Prevent Professional Concerns Case Conference and is based upon current Adult Support and Protection Council procedures. We are currently updating procedures to include the additional information about Prevent, liaising with Child Protection colleagues who have just completed a similar exercise.

If you have any questions about the overall Prevent programme or how it operates in the council then you can contact the Prevent lead Frank Deas frank.deas@glasgow.gov.uk

Training Opportunity - Significant Case Reviews

As part of a three day training event, up to 24 staff were invited to attend an informative session to consider best practice within Significant Case Reviews. Staff identified came from within the Glasgow Health and Social Care Partnership, Education and Police and in particular staff who are involved in either Adult Protection or Child Protection.

The course was aimed at staff that have or could be involved in significant case reviews. The model used for the learning event was devised and delivered by the Social Care Institute of Excellence (SCIE).

Liz Crichton, Service Manager for Adult Support and Protection who attended the event said "All staff found the three days excellent and we will now consider how we take this learning forward."

Improving Disability Hate Crime Reporting

“I was a victim of hate crime...until I reported it”

In February, a partnership event, funded by Community Safety Glasgow (CSG) was organised and delivered by CSG and Glasgow Disability Alliance (GDA) and attended by over 50 disabled people. Those attending shared their views and experiences of disability hate crime and reporting and had in-depth discussions on practical solutions that would improve disability hate crime reporting.

After an introductory discussion on “why disabled people do not report hate crime” the event looked at particular themes:

- Language and Communications
- Peer Support
- Public Awareness
- Training



A report of the event has been produced and it contains a range of findings that will inform both Hate Crime Awareness Week planning and also the work of partners involved in Glasgow’s Hate Crime Working Group.

Disabled people shared their perspectives on the key messages that they felt would give disabled people more confidence to report and that would encourage bystanders and those who witness disability hate crime to intervene or to report. The suggestion that specific disabled people took on a role as hate crime ambassadors or “reporting champions” to support other disabled people to report their experiences of hate crime met with an overwhelmingly positive response.

Further information on the event and the report is available from Community Safety Glasgow www.communitysafetyglasgow.org and Glasgow Disability Alliance www.gda.scot

If you know or suspect that an Adult is being harmed then you need to report your concerns.

Don’t assume that someone else has already reported it. The person being harmed or neglected may not be able to report it themselves. Remember, the person who did this may be doing it to others too.

Phone: 0141 287 0555

textphone: 18001 0141 287 0555

Outwith Office hours phone: 0300 343 1505